cond-to-list^{0,22}

$?[x] \equiv_{\mathrm{def}}$ Case x of $\mathrm{inl}(y) \Rightarrow [y]$; $\mathrm{inr}(y) \Rightarrow \mathrm{nil}$

clarification:

$?[x] \equiv_{\mathrm{def}}$ Case x of $\mathrm{inl}(y) \Rightarrow y.\mathrm{nil}$; $\mathrm{inr}(y) \Rightarrow \mathrm{nil}$

http://www.cs.cornell.edu/Info/Projects/NuPrl/FDLcontent/p0_286125_/p11_846114_{cond-to-list}.html